

# Christian Baptism with Anne Kitch

Facilitator's Guide

### Welcome

## A Blessed Ministry

So you've been asked to lead the group...

Thank you for taking on the role of facilitator for this course. We hope this class will help you and your small group in your journey of faith. Your role as a small group leader is very important – but it's also something you don't do alone. You have the blessing and privilege of working alongside the Holy Spirit to help people grow. This is not to be underestimated. You will find that the Spirit wants us to draw near to God more than we do – and in taking on the responsibility to lead, you open yourself up to growth as well, often in unexpected ways.

And you don't have to be an expert. It doesn't take an advanced degree or an ordination certificate to run a successful small group. Willingness to lead and learn is all that's required.

We at ChurchNext are delighted to share this Facilitator's Guide with you; we've designed it for clergy and laypeople. We've written it to help familiarize you with the topic and to give you some ideas as to how you would like your small group to gather.

In the pages that follow we will offer you some pointers regarding group facilitation and conversation-starting. Feel free to make them your own. These are suggestions and are meant to be molded, adapted, or tossed out, depending on your context.

Thanks for learning with us,

The ChurchNext Team

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## Facilitating

Begin your meeting by welcoming participants. Try to create an environment of warmth and hospitality. Successful small groups offer safe spaces for authenticity and depth, where people are not uncomfortable exploring personal convictions and intimate ideas. After all, we all long for genuine connection and camaraderie in our spiritual journeys. The entire group benefits when honesty and candor are welcome.

You may want to approach your meeting by dividing your time together into three equal or unequal segments. The first should be spent connecting – greeting, catching up. You may want to offer refreshments. The second segment should be devoted to covering the material in the course, and the third should include a time of prayer.

Lead the class as a sojourner, not an expert. Facilitators lead by example. So when you are open, enthusiastic, and interested in learning, your group will join you.

A typical meeting outline may include: Welcoming, Music, Prayer, Course Material and Discussion, Closing Prayer. We've included some prayers at the end of this guide.

Depending on the topic, your learning goals, and the comfort level of your group, you may want to make the following materials available:

- Copies of the Participant Guides
- Bibles
- Prayer Books
- Paper or notebooks
- Pens or pencils
- Prayers
- Song sheets, Hymnals, music, and music player
- Refreshments

## **Asking Questions**

Perhaps the most important role a facilitator plays is in posing questions and facilitating conversations. Here are some tips:

They key role in leading your small group is to help members engage in meaningful dialogue with one another. It will allow them to uncover deeper truths for themselves and others.

You can use a variety of questions to spark discussion (we've included some at the end of this guide), but we can't encourage you enough to come up with your own. Open-ended questions are best, but yes/no questions followed up with a simple "Why" can yield great reflection. Questions can be categorized like this:

Launching Questions – These are designed to get the discussion going by focusing on the topic. Launching Questions should allow everyone in the group to share personal experiences and connect them with the topic, i.e., What one thing was the instructor trying to get across? Name an experience that came to mind as you heard the lecture.

Observation Questions – These are questions which arise from consideration of the subject – how, why, and what do you think? They seek to make meaning of the lesson, i.e., Why do you think this point is important? What did the lecturer mean by raising that point?

Reflection Questions – These are transition questions that take us from the information presented to our own lives, i.e., What does this have to do with me? How does the lecturer's main point resonate with me?

Application Questions – These are questions that ask us to consider the course material in light of our day-to-day lives, i.e., What is this new material asking of me? In what ways is my life changed because of what I'm learning?

## Christian Baptism

This step is designed to give you some background on the course.

Anne Kitch's statement in this course, that "people are not baptized into a particular denomination," underscores the universality of God's grace to all of us. This universality means that baptism is not peculiar to one small Christian group, but is practiced by most Christian churches. Over the years, however, it has taken on different tones and textures and may look different from one place to the next. To all groups, though, it's a wonderful promise of life in Christ, when we leave behind the old selves to be born again in Christ.

How do we live our baptismal promises? What do they mean? How did this sacrament come into being? Why should I be baptized? These are some of the questions that are answered during the course.

Anne Kitch is an acclaimed author of several books including Taking the Plunge: Baptism and Parenting, and The Anglican Family Prayer Book. She is currently the Canon of the Ordinary at the Episcopal Diocese of Bethlehem, Pennsylvania.

# Discussion Questions

#### Lesson One: What Is Baptism?

Do I Have To?

Baptism is an outward sign of an inward, spiritual grace. Is this outward sign necessary?

New Me, New You?

How does baptism make us new?

God's Family

Baptism means being part of God's family in a particular way. What does that mean to you?

#### Lesson Two: Why Be Baptized?

Are We In This Together?

By saying that a benefit of baptism is living in a community that upholds each other with prayer, kindness and commitment, Kitch reminds us that baptism is not something we do alone. What are your thoughts on this?

Just Say Yes

Instead of just saying "no" (the renunciations and turnings during Baptism), Anne suggests that we also say "yes." Why is "no" insufficient? Review the actions she suggests we say "yes" to. How do they differ from the "no's"?

Fire Insurance Or New Life

How can we remove Baptism from the clutches of "fire insurance" mode, to a state of life that makes no sense without the love of Christ?

# Discussion Questions

#### Lesson Three: What Is the History of Baptism?

Your Stance

If you were to prepare adults for baptism, and you were required to prepare the content the instruction and preparation, what would you say?

Is It Optional? Throughout time, different Christian traditions have understood baptism differently. Is baptism then simply a matter of interpretation that is optional?

Nature Or Nurture?

"There is something wonderful about adult conversion, and coming with full knowledge into a life of Christ, and there's also something wonderful about being born into a church family and being raised with that community." What do you think? Discuss the pros and cons.

#### Lesson Four: What Is a Baptismal Covenant?

To Love Come What May

How do you live the promise to seek and serve Christ in all persons, loving your neighbor as yourself? Is this difficult? Why is it such an important promise?

**Human Dignity** 

How do we, living in this world, respect the dignity of every human being? What does that mean to you?

Proclaiming The Word

How does this promise resonate with you - "to proclaim by word and example the good news of God in Christ"? Is this something that we are easily or readily moved to do?

## Prayers

Finally, you will find that opening and closing your time together in prayer is an effective way of inviting the Holy Spirit into your midst as well as building connection and an atmosphere of openness. While spontaneous prayers are often the most touching and effective, written prayers offer a richness of their own. Here are some:

Almighty and eternal God, so draw our hearts to you, so guide our minds, so fill our imaginations, so control our wills, that we may be wholly yours, utterly dedicated to you; and then use us, we pray, as you will, and always to your glory and the welfare of your people; through our Lord and Savior Jesus Christ. Amen. (For Self-Dedication, BCP 832)

O God, you made us in your own image and redeemed us through Jesus your Son: Look with compassion on the whole human family; take away the arrogance and hatred which infect our hearts; break down the walls that separate us; unite us in bonds of love; and work through our struggle and confusion to accomplish your purposes on earth; that, in your good time, all nations and races may serve you in harmony around your heavenly throne; through Jesus Christ our Lord. Amen. (For the Human Family, p 815 BCP)

O God, by whom the meek are guided in judgment, and light rises up in darkness for the godly: Grant us, in all our doubts and uncertainties, the grace to ask what you would have us to do, that the Spirit of wisdom may save us from all false choices, and that in your light we may see light, and in your straight path may not stumble; through Jesus Christ our Lord. *Amen.* (For Guidance, p 832 BCP)

O God of peace, who has taught us that in returning and rest we shall be saved, in quietness and confidence shall be our strength: By the might of your Spirit lift us, we pray, to your presence, where we may be still and know that you are God; through Jesus Christ our Lord. Amen. (For Quiet Confidence, p 832 BCP)

O Lord, support us all the day long, until the shadows lengthen, and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done. Then in your mercy, grant us a safe lodging, and a holy rest, and peace at the last. Amen. (In the Evening, BCP p 833)